



Term 2 Program 2025

Rockingham Youth Centre

Supporting Young People
12 – 24 years

All activities are
FREE



rockingham.wa.gov.au



Rockingham
Youth Centre
City of Rockingham

Welcome









Acknowledgement of Country

The City of Rockingham acknowledges the Traditional Owners and Custodians of this land, the Binjareb and Whadjuk Nyoongar people and their continuing connection to the land, waters and community.

We pay our respects to all members of First Nation communities and their cultures, and to Elders past and present.

Nyoongar Seasons

October | November | December | January | February | March

Kambarang 	Birak 	Bunuru
Longer dry periods. Also known as Season of Birth.	Dry and hot. Also known as Season of the Young.	Hottest part of the year. Also known as Season of Adolescence.
		
Mixture of wet days. Also known as Season of conception.	Coldest and wettest time of the year. Also known as Fertility Season.	Cooler weather begins. Also known as Season of Adulthood.
Djilba 	Makuru 	Djeran

September | August

July | June

May | April

Our Term 2 programs take place across two Nyoongar seasons, Djeran and Makuru, from April to July. Nyoongar seasons are divided into six seasons rather than four as they apply to the changes in the weather and the growth of local flora, which signal the shift from one season to the next.

Djeran

Red flowering gum indicates the start of Djeran when the weather cools down and the nights are dewy.



Makuru

Banksia blooms during Makuru, the wettest of the seasons and is known as the Fertility Season with lots of flora blooming.



Table of Contents



1

Welcome to RYC

- Quick Guide to Our Programs 5
- Rockingham Youth Centre 6 – 7
- Access and Inclusion 8 – 9

2

What's On at RYC

- Annual Events Calendar 10
- GLOW – Pride Month Celebration 11
- Rockingham Job Fair 12
- Join our Youth Reference Group 13

3

Explore Our Programs and Services

- Term Programs 14 – 24
- Accessibility Map 20 – 21
- Did you know? 25
- Rockingham Youth Reference Group 26 – 27
- Youth Workers at RYC 28

4

Helpful Resources

- Youth Support Services 29
- Additional Mental Health Resources 30
- City of Rockingham Resources (All Ages) 31

5

Just for Fun

- Notepad 32 – 38
- RYC Bingo 39

Quick Guide to Our Programs

D&D

- 🕒 4pm – 7pm
- 👤 Ages 16 – 24

More details on [page 14](#)

17+ Hangout

- 🕒 4pm – 7pm
- 👤 Ages 17 – 24

More details on [page 15](#)

Rockin' Jams

- 🕒 3.30pm – 5.30pm
- 👤 Ages 14 – 24

More details on [page 16](#)

She/Her

- 🕒 3.30pm – 5.30pm
- 👤 Ages 12 – 16

More details on [page 17](#)

DROP IN

- 🕒 2.30pm – 5.30pm
- 👤 Ages 12 – 17

More details on [page 18](#)

LEVEL UP

- 🕒 4pm – 5pm / 5pm – 6pm
- 👤 Ages 12 – 24

More details on [page 19](#)

HANGOUT

- 🕒 2.30pm – 6.30pm
- 👤 Ages 12 – 17

More details on [page 22](#)

GAME CLUB

- 🕒 3pm – 6.30pm
- 👤 Ages 12 – 17

More details on [page 23](#)

prideespace

- 🕒 3.30pm – 5.30pm
- 👤 Ages 14 – 24

More details on [page 24](#)



Monday








Tuesday

Wednesday

Thursday

Friday

Opening Hours and Contact Details

-  Weekdays  10am – 5.30pm  Ages 12 – 24
-  9591 0836  youthcentre@rockingham.wa.gov.au
-  rockingham.wa.gov.au/youth
-  20 MacKinnon Street, Rockingham

The Rockingham Youth Centre (RYC) runs activities during school terms and holidays.

Please note



School-age young people can only attend during school hours if booked for support appointment or in crisis.

Membership

Completion of a membership form is essential for participation in Rockingham Youth Centre programs, activities and events.

The form can be completed in one of the following ways:

Paper form
in person
at RYC



OR

Via online
editable
PDF form



How to Get to RYC

Bus route

Surrounding bus stops located:

- Simpson Avenue – 5 min walk
- Council Avenue – 6 min walk
- Contest Parade – 6 min walk

Common bus routes:

548, 549, 550, 551, 552, 553, 555

For updated bus timetables

check out transperth.wa.gov.au



Front of building

Located at 20 MacKinnon Street, Rockingham. If the building is locked please ring doorbell.



Front of desk

You will be greeted by our lovely staff when you enter the building.

Legend of Icons



Registration required



First Nations Mob



Neurodivergent friendly



LGBTQIA+ friendly



Quiet hour



Sensory friendly – visual



Sensory friendly – hearing

QR Codes

How to scan and use QR codes throughout this booklet.

- 📱 Open the camera app on your phone
- 📷 Point it at the QR code
(the square on the right of this page)
- 👉 Tap the link that appears



rockingham.wa.gov.au/youth

Access and Inclusion

The City of Rockingham is committed to fostering accessibility and inclusivity within its facilities for all community members, including individuals living with disability.

Parking

ACROD parking available on the left side of the RYC entrance, in front of headspace Rockingham.



ACROD parking

Counselling Rooms



Counselling rooms



Sensory items

We have two on-site counselling rooms: **Kwenda (Room 1)** and **Koomal (Room 2)**, located on the left as you enter RYC.

Both can be used as quiet/sensory spaces during programs (upon request) and are stocked with sensory items like noise-cancelling headphones, weighted blankets, pillows, bean bags and fidget toys. Support workers accompanying young people are also welcome to utilise this space.

Toilets



Toilet signage



Inside layout

RYC offers gender-neutral and accessible bathrooms, each with a private toilet, sink and free hygiene products available.

Elevator



RYC is two storeys, we have stairs and an elevator to access the first floor. Our elevator is located on the right as you enter.

We also run a low sensory hour called **'Quiet Hour'** every Thursday Hangout Session from 2.30pm – 3.30pm. A more calming and supportive environment that is sensory friendly with low stimulation activities offered.



To explore the layout of RYC and learn more about its accessibility and inclusion features, check out the Accessibility Map on pages 20–21.

Annual Events Calendar

Find out below about the events being celebrated, or on offer, at the Rockingham Youth Centre in 2025. Please note RYC is not open on Public Holidays.

Dates

Event or Celebration

Term 2

28 April – 4 July

Public Holiday: 2 June
IDAHOBIT: 17 May
Reconciliation Week: 27 May – 3 June
GLOW Sirens and Sailors – 27 June

July School Holidays

7 July – 18 July

NAIDOC Week: 6 July – 13 July
Week 1 Programs: 7 – 11 July
Week 2 Programs: 14 – 18 July

Term 3

21 July – 26
September

Wear it Purple Day: 29 August
R U OK? Day: 11 September

October School Holidays

29 September –
10 October

Public Holiday: 29 September
Mental Health Week: 4 – 11 October
Week 1 Programs: 29 September – 3 October
Week 2 Programs: 6 – 10 October

Term 4

13 October – 18
December

International Day of People
with Disability: 3 December



GLOW

Sirens and Sailors

Friday 27 June | 5pm - 8pm | Ages 14 - 24

Get excited for RYC's third annual Pride event - GLOW!

This year's theme is **Sirens and Sailors**.

Dress up, embrace your creativity and join us for an unforgettable evening celebrating all abilities, cultures and orientations.

Express yourself, dress to impress, and embrace the wonder.

Dancing

Music

Competitions

Performers

Prizes

Crafts

Karaoke

Food and more

To register scan the **QR code** on the right side of the page, email youthcentre@rockingham.wa.gov.au or call **9591 0836**



Rockingham Jobs Fair



10 June 2025

10am – 5pm



Gary Holland Centre

19 Kent Street, Rockingham

The Rockingham Jobs Fair is your chance to connect with local employers, explore job opportunities, and gain insights into diverse career paths. Join businesses, educators, and organisations ready to support your employment journey.

For all ages and abilities

Workshops

Jobs board

Demonstrations

HR tips

Apprenticeship info

Giveaways

This is a City of Rockingham supported event, for more information scan the QR code on the right side of the page.



Rockingham Youth Reference Group Youth Info Night



Tuesday 3 June

4pm – 6pm



Mary Davies Walkway

17 Settlers Avenue, Baldivis

Whether you're creative, hands-on, full of ideas, or just keen to get involved – we want to meet you!

If you are aged 15–24 and live, work, study or play in the City of Rockingham, come along to:



Meet current RYRG members



Hear about the new Mary Davies Street Makeover project



Enjoy free live music, entertainment, food, light refreshments and giveaways



Grab an info pack to find out how to join

Key	Info Night	EOI's open	EOI's close	Meet and Greet Week
dates:	3 June	3 June	18 June	23 June – 27 June

Submit your Expression of Interest (EOI) form by midnight
Wednesday 18 June to youthcentre@rockingham.wa.gov.au

Scan the QR code or visit our website to view the RYRG Role Statement and further information on recruitment for the RYRG.



For more information about the RYRG and their projects, check out pages 26–27 in this booklet.



16 – 24 years

Dungeons & Dragons



Mondays, 4pm – 7pm

Commences 5 May

(Week 2)

Finishing 30 June

(Week 10)



Rockingham

Youth Centre

20 MacKinnon Street,

Rockingham

D&D is a social club for young people wanting to play Dungeons and Dragons 5e, a tabletop role playing game (RPG).

All levels of experience welcome.
Dungeon Masters encouraged to register.



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**



17 – 24 years

17+

Hangout

**Mondays, 4pm – 7pm**Commences 5 May
(Week 2)
Finishing 2 June (Week 6)**Rockingham
Youth Centre**20 MacKinnon Street,
Rockingham**Mondays, 2pm – 5pm**Commences 9 June
(Week 7)
Finishing 30 June
(Week 10)**Mary Davies Library
and Community Centre**17 Settlers Avenue,
Baldivis

17+ Hangout is a space for young adults aged 17–24 to connect, build life skills, join info sessions with local service providers, and take part in weekly activities.

This term, it runs at Rockingham Youth Centre for the first five weeks (5 May–2 June), then moves to Mary Davies Library for the final four weeks (9 June–30 June)



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**





14 – 24 years

Rockin' Jams

**Tuesdays, 3.30pm – 5.30pm**

Commences 6 May

(Week 2)

Finishing 1 July

(Week 10)

**Rockingham
Youth Centre**20 MacKinnon Street,
Rockingham

**Whether you're an experienced musician or just starting out,
Rockin' Jams is the place for you.**

With guidance from music industry experts, you'll grow as a musician, gain hands-on stage management experience, write and record your own music, and work towards performance opportunities throughout the year. You'll also have the chance to collaborate with other musicians, perform and record music as a group, and build the confidence and skills needed to play in a band setting.

Bring your own instrument or try something new in our jam room.



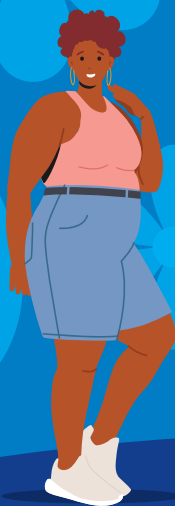
Registrations preferred but not essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**

She/Her

A young women's program

FREE program for girls aged 12 - 16 years

Tuesdays 3.30pm – 5.30pm
Commencing 6 May (Week 2)
Finishing 24 June (Week 9)
Rockingham Youth Centre
20 MacKinnon Street, Rockingham



This eight-week program creates a safe space for young women to learn new skills, build confidence, and make new friends. Designed to empower, engage, inspire and connect.



Tuesdays

Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**





12 – 17 years

DROP IN



**Wednesdays,
2.30pm – 5.30pm**

Commences 30 April (Week 1)
Finishing 2 July (Week 10)



**Mary Davies Library
and Community Centre**

17 Settlers Avenue,
Baldivis

Looking for a fun, relaxed place to chill after school in Baldivis?

Come and hangout with the RYC crew in Carnaby Hall at the Mary Davies Library. Kick back with snacks, games, outdoor activities, and creative vibes – all in a space made just for you and your friends.

Have a yarn with our Youth Workers and share your ideas to help shape future programs in your areas. It's your space, your voice, your vibe.

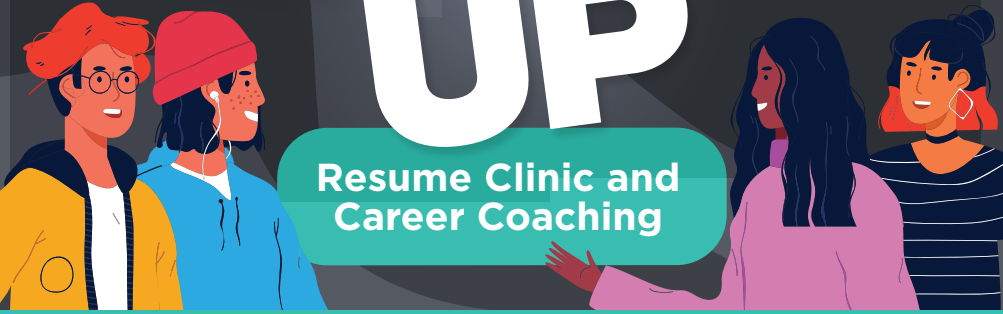
A membership form is required for all RYC programs and events.



Contact Rockingham Youth Centre on **9591 0836**, email **youthcentre@rockingham.wa.gov.au**, or speak to staff during the program for more information.

Level UP

Resume Clinic and Career Coaching



Wednesdays



Every Wednesday

4pm – 5pm and 5pm – 6pm



12 – 24 years

Need help with your resume, interview prep or career planning? Book a free one-on-one session with our local career coach and professional resume writer to get into the workforce.

Course	Ages	Times	Dates
Barista	14 – 24	10am – 12.30pm 1pm – 3.30pm	Wednesday 28 May
Mental Health First Aid	18 – 24	9am – 5pm	Thursday 3 and Friday 4 July
Responsible Service of Alcohol	18 – 24	9.30am – 3.30pm	Monday 7 July



Sessions held at the Rockingham Youth Centre located at 20 MacKinnon Street, Rockingham. To register, contact the Rockingham Youth Centre on **9591 0836** or email youthcentre@rockingham.wa.gov.au



Sensory Room

TV Area



Low lighting



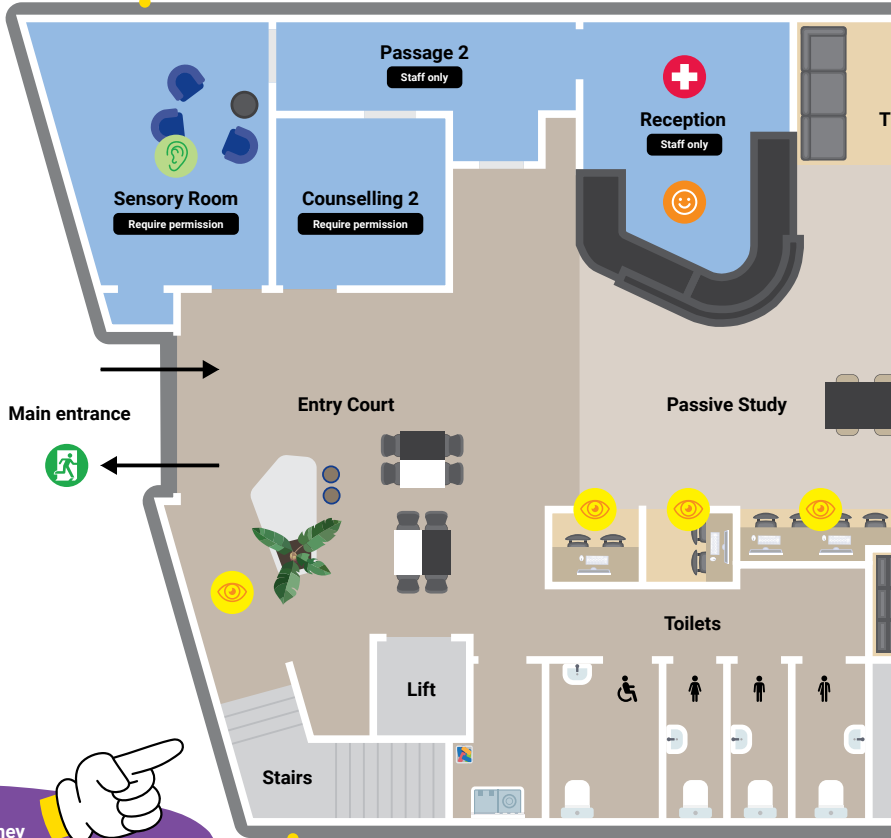
Comfortable seating



Fidget toys and individual activities



Comfortable seating



Staircase Journey



3 Steps

Landing platform

10 Steps

Landing platform

5 Steps

Second floor landing



Low lighting



Com seat

Chill Space



Level One

Legend



Loud noises at times



Low noise levels



Bright light at times



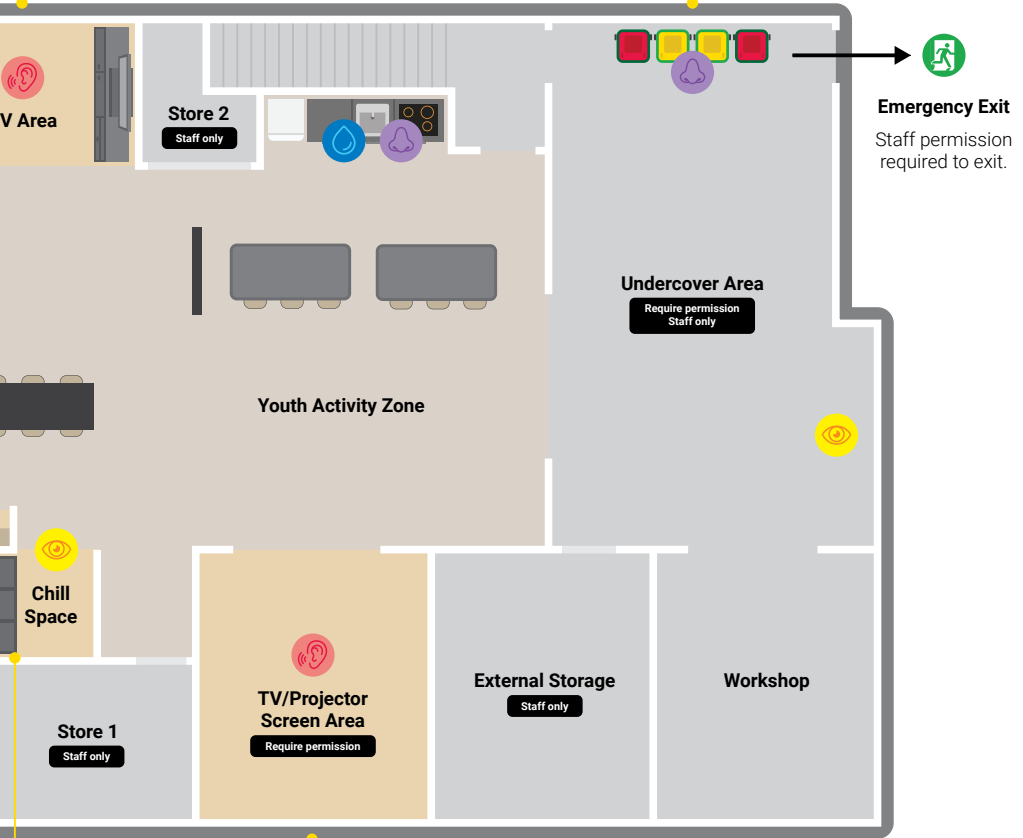
First aid kit

Undercover Area

Video games on TV can be overstimulating

Weather can affect temperature conditions

Floor can be slippery



Uncomfortable lighting

Video games on TV can be overstimulating

TV/Projector Screen Area



RYC staff member

Emergency exit

Drinking water

Strong smells at times



12 – 17 years

HANGOUT



**Thursdays,
2.30pm – 6.30pm**

Commences 8 May (Week 2)
Finishing 3 July (Week 10)



**Rockingham
Youth Centre**

20 MacKinnon Street,
Rockingham

Looking for somewhere safe and fun to hang out? Drop in and enjoy the chill-out zone, comfy couches, beanbags, PlayStation, Xbox, table tennis, board games and more.

A membership form is required for all RYC programs and events.



Quiet Hour: 2.30pm – 3.30pm

A low sensory, more calming and supportive environment that is neurodivergent friendly with low stimulation activities offered.



Contact Rockingham Youth Centre on **9591 0836**, email **youthcentre@rockingham.wa.gov.au**, or speak to staff during the program for more information.



12 – 17 years

GAME CLUB



**Thursdays,
3pm – 6.30pm**

Commences 8 May (Week 2)
Finishing 3 July (Week 10)



**Rockingham
Youth Centre**

20 MacKinnon Street,
Rockingham

Meet and compete with other gamers at RYC's Game Club. Enjoy playing your favourite games like Minecraft, Fortnite, or Roblox on our gaming PC's and consoles.



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**



Thursdays

prideespace

Are you a young person aged 14–24 who identifies as lesbian, gay, bisexual, trans, queer, intersex, ace or questioning?

The City of Rockingham welcomes you to our safe and inclusive LGBTQIA+ group.



Friday, 3.30pm – 5.30pm
9 May (Week 2), 6 June (Week 6), 4 July (Week 10)



Rockingham Youth Centre
20 MacKinnon Street
Rockingham



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**

DID YOU KNOW?

The Rockingham Youth Centre officially opened in March 2021, but its journey began over a decade ago!

The planning and design of the centre, and the programs delivered within, were heavily shaped by the voices of young people, especially the Rockingham Youth Reference Group (RYRG).

Through their ideas, feedback, and passion, the RYRG helped create a welcoming space that offers everything from drop-in sessions and recreational activities to support services and life skills programs. Their involvement continues to ensure that RYC remains a place by young people, for young people – focused on building resilience, supporting goals, and celebrating youth in our community.



Construction of RYC 2020



RYC official opening March 2021

Rockingham Youth Reference Group

The Rockingham Youth Reference Group (RYRG) is a group of young people aged 15–24 years who contribute to the success of the RYC by providing input into programming, events and advocacy. They act as a reference group on behalf of young people in Rockingham, contributing to the RYC and across the City of Rockingham.



RYRG Group Photo

Members have the opportunity to develop their advocacy and leadership skills, meet likeminded young people, gain an understanding of how local government operates, and develop event and project planning skills. Recruitment for new members occurs every two years, with a yearly review.

RYRG Previous Projects

The RYRG helps shape and support youth events in Rockingham, including the **Youth Beach Party**, **Breakthrough Music Competition** and **Seniors Week Quiz Night**. Members assist with planning, activity coordination, registrations, MCing, supporting service providers and engaging with event participants. As well as consultation and gathering feedback to improve future events. Through their involvement, they gain valuable event planning experience and make a positive impact in their community.



Youth Beach Party



Breakthrough Music Competition

RYRG Upcoming Projects

The RYRG is preparing for exciting projects like **GLOW** in June, **Seniors Week** in November, and the **Mary Davies Street Makeover**, with even more throughout the year. Stay tuned for opportunities to get involved.



GLOW – Pride Celebration



Seniors Week

Youth Workers at RYC

Youth Work Support



Monday to Friday, 10am – 5pm

By referral appointment only



12 – 24 years

Our Youth Workers offer support, advocacy, referrals, information, and case management for young people in Rockingham. Focusing on short-term goals, our service aims to achieve meaningful outcomes within six sessions.

Youth Workers can help with:

Education and Training

Support with courses, alternative pathways, and study options.

Employment Assistance

Help with resumes, interviews, and job readiness.

Life Skills

Guidance on budgeting, utilities, and essential documents.

Community Support

Access to food, clothing, legal aid, and other resources.

Housing Support

Assistance with applying for rentals or emergency housing.

Future Planning

Setting career goals and life direction.

Mental Health Referrals

Connecting to appropriate services and support.

Future Planning

Support with life changes and community involvement.

To book:

Complete the RYC Youth Worker Referral Form and email form to youthcentre@rockingham.wa.gov.au

The form can be completed in one of the following ways:

Paper form
in person
at RYC



OR

Via online
editable
PDF form



Youth Support Services

Did you know about the other programs and services regularly operating out of RYC?

Services Australia (Centrelink)



Fortnightly Mondays from 5 May
1.30pm, 2pm, 2.30pm, 3pm

By appointment only



12 – 24 years

Bookings essential through RYC

Young people can access face-to-face support from a Services Australia representative at RYC. Sessions are held fortnightly and run for 30 minutes each.

To book an appointment, you must have:

Personal Identification

- Photo ID
- Drivers Licence
- Australian Passport

Customer Reference Number

A CRN number is the number you are assigned through Centrelink.

Youth Focus



Weekly during school terms

By appointment only



12 – 24 years

Referrals essential via Youth Focus directly

Youth Focus offers free in-person and online counselling at RYC for young people facing mental health challenges.

To access this service, contact Youth Focus directly at **youthfocus.com.au** or call **(08) 6266 4333**.


Additional Mental Health Resources

Need Help? You're Not Alone

The Rockingham Youth Centre is here to support young people, but we know that sometimes you might need help outside of our hours. If you're in an emergency or need urgent support, please reach out to the services below. There's always someone ready to listen and help.




 24-hour support

 13 92 76

24/7 national crisis, support line for Aboriginal and Torres Strait Islander people.




 24-hour support

 1300 224 636

Call 24/7 for advice, referral and support from a trained mental health professional.




 24-hour support

 1800 55 1800

24/7 private and confidential phone and online counselling for people aged 5 to 25.




 24-hour support

 13 11 14 / 0477 13 11 14

Call 24/7 for crisis support and suicide prevention services. Text support available



 24-hour support

 1300 659 467

24/7 free counselling and support for people at risk of suicide, carers and bereaved.



 3pm – midnight local time

 1800 184 527

Phone and online anonymous and free LGBTI peer support and referral.

City of Rockingham – Resouces (All Ages)

The City of Rockingham offers a range of programs and services beyond youth support. Explore the resources below to find information tailored to other age groups and community needs.

Family and Children

rockingham.wa.gov.au/familiesandchildren

People with Disability

rockingham.wa.gov.au/disability

First Nations Community

rockingham.wa.gov.au/firstnations

Seniors

rockingham.wa.gov.au/seniors

Education and Training

rockingham.wa.gov.au/education

Scholarships and Grants

rockingham.wa.gov.au/grants

City of Rockingham Events – All Ages

Stay up to date with events happening

rockingham.wa.gov.au/whats-on



RYC BINGO

Help run an activity in one of our programs (ask staff)	Attend our event – GLOW Friday 27 June 5pm – 8pm 14 – 24 years	Bring a new friend to the centre	Tag us in your Instagram story with RYC related content	Attend three RYC programs in one week
Get your resume done in Level Up Wednesday 4 – 6pm	Help cook within one of our RYC programs	Attend Rockin' Jams Tuesdays 3.30pm–5.30pm 14 – 24years	Mark off this space if you see a RYC staff member at your school	Get involved with our RYRG expression of interest event
Attend Hangout Thursday 2.30pm – 6pm	Complete a feedback form for a RYC event or program	Mark off this space when we reach 900 followers on Instagram	Attend and get involved in NAIDOC week at the RYC 6 July – 13 July	Win one of the competitions run within a RYC program
Help pack up and clean after a RYC program (ask staff)	Chat to a RYC Reference Group member within a program	Attend a school holiday program at RYC	Help welcome a new young person to RYC, and be their buddy for the day	Attend 17+ Hangout Mondays 4pm – 7pm
See RYC staff at Mary Davies Library Wednesdays 2.30pm – 5.30pm	Follow us on Instagram @Rockingham YouthCentre	Create a piece of art or craft to display at RYC	Attend Game Club Thursdays 3pm – 6.30pm	Apply for a Youth Encouragement Grant (ask staff)

Happy playing!

Starts 28 April – Ends 18 July 2025

Get five stamps in a row (any direction) and win a lucky dip prize. Bring proof of completed activity to reception for staff to stamp off. Get in quick – while prizes last.

All programs and events are free

Membership forms and registration required for participation in programs and events.

To register or to learn more please contact the Rockingham Youth Centre.

Monday to Friday | 10am - 5.30pm
20 MacKinnon Street, Rockingham

 **9591 0836**  **youthcentre@rockingham.wa.gov.au**

Check out the City of Rockingham website for more activities and events happening in Rockingham.



Sign up to the RYC newsletter to get updates on upcoming programs and events.

Get the latest news on the Rockingham Youth Centre by checking out our Instagram **@RockinghamYouthCentre**

